

Lenten Resources - 2020

Archdiocesan Lenten Regulations

“For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. For God did not send his Son into the world to condemn the world, but that the world might be saved through him.”
(John 3:16-17)

The Church has always helped us fulfill these words of Jesus by prescribing very definite penance for all Catholics, so that we too might have Eternal life. Accordingly, the Pope and the American Bishops have outlined obligatory fast and abstinence as follows:

Ash Wednesday (February 26, 2020), all Fridays of Lent, and Good Friday (April 10, 2020) are days of **abstinence** (refraining from meat) for all Catholics **from age 14 onwards**. On Ash Wednesday and Good Friday, **fast** is also obligatory for those **from the ages of 18-59**. Abstinence means refraining from meat. Fast means one full meal a day, with two smaller meals and nothing between meals (liquids are permitted). No Catholic will lightly excuse himself or herself from this obligation.

St. Rita Lenten Services

- **Ash Wednesday:** Masses at 9:00 a.m. and 7:00 p.m.
- **Stations of the Cross** at 12:00 noon on 28 February, 6, 13, 20, 27 March, and 3 April.
- **Sacrament of Reconciliation** – Friday, 6 March, 11:30 a.m.
- **St. Rita Ladies Lenten Fish Fry** – Friday, February 28, in the parish hall. Doors open 4 p.m. Dine in or take out, family and friends welcome. More information available in flyers available after Mass.
- **Lenten Program: Meditations on the Seven Last Words of Christ** – Monday Evenings at 6:30 p.m. in the rectory, Wednesday Mornings at 9:00 a.m. in the rectory.
- **CRS Rice Bowl** – Join our faith community—and more than 14,000 Catholic communities across the United States—in a life-changing Lenten journey with CRS Rice Bowl. Pick up your family’s CRS Rice Bowl at church doors to aid in alleviating global hunger and its affect on our human family. Instructions on how to return your Rice Bowl will be provided toward the end of Lent.
- **The Word Among Us for Lent** – Available at Church Doors

Our Lady of the Presentation Services

- **Eucharistic Adoration** - 3 rd Wednesday 8:45am-6:15pm
- **Ash Wednesday Mass Times** are 8:00am-12:00pm and 7:00pm.
- **Lenten Movie Nights** - The O.L.P. Stewardship Committee is sponsoring 4 Lenten Movie Nights this March! *Tuesday, March 3rd *Tuesday, March 10th *Tuesday, March 24th *Tuesday, March 31st (There will be no movie on March 17th ... St. Patrick’s Day✳️) The free movies will be shown in the Parish Hall @ 7:00 pm. Popcorn and soda will be available. Bring your own snacks if you choose.
 - 1st Movie - March 3rd... Same Kind of Different As Me Held by critics as “powerful and inspiring,” Same Kind of Different As Me shows how a simple act of kindness can change everything.
- **Fish Fry** – Fish Fry every Friday 4-7, Feb. 28-April 3. Enjoy hand cut cod (fried or baked) shrimp and fish tacos with plenty of sides. We have dinners, sandwiches, by the

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pound, adult plates or smaller. Nice atmosphere, friendly, eat in or take out. Credit cards accepted. Handicap accessible. 8860 Tudor, Overland, MO 63114. 314-427-0486 x201. We look forward to seeing you.

St. Joseph – Clayton

- **Sacrament of Reconciliation** – Weekdays: 11:15-11:50 am Saturday: 4:00-4:45 pm
- **Eucharistic Adoration** Monday - Thursday: 7:45 am until 12:00 noon Rosary
Weekdays: 11:40 am Thursday after the 7:15 am Mass
- **Ash Wednesday** February 26 7:15am - Mass 11:15am - Confessions Noon - Mass 1:15 pm - Mass 5:00 pm – Mass
- **12th Annual Shrimp Baked or Fried Fish Dinner** – Ash Wednesday (February 26th) at St. Joseph. Knights of Columbus Call Rectory Office at 726-1221 or email the parishoffice@stjosephclayton.org Reservations preferred Walk-ins welcome Carry-outs available Dinners served from 4:00 -- 7:00 p.m.

Christ the King

- **Famous Fish Fries** – Friday, March 6th and Friday, April 3rd 4:30 p.m. to 8 p.m. \$10 adult meal, \$5 kids meal or \$3 mac n cheese meal (includes breadstick only, no sides) (soft drinks, beer and wine available). *We will have live music again this year too.*
- **Song of Mark** – Sunday, March 29 2:00 p.m. Christ the King Church 7316 Balson Avenue University City, MO .The Good News of the life and passion of Jesus, as recorded by Saint Mark the Evangelist. A contemporary musical production presented by soloists, adult and children's choirs, and instrumentalists from Christ the King Church, University City Our Lady of Lourdes Church, University City St. Joseph Church, Clayton St. Joan of Arc Church, Saint Louis Gethsemane Lutheran Church, Saint Louis

Pauline Books

Lenten Film Series at Pauline Books – Meet Christ at the movies this Lent with films and guided discussions. All Movies begin at 6:30 p.m. at 9804 Watson Rd., St. Louis, MO 63126.

5 March – “Boy in the Striped Pajamas”

19 March – “Lion”

2 April – “The Young Messiah”

Marianist Retreat Center

Encounters with Jesus: The Stories of Holy Week - “Encounters with Jesus: The Stories of Holy Week,” will be offered April 3-5 at the Marianist Retreat and Conference Center in Eureka, Mo. Through a series of talks, imaginative prayer experiences, and times for silent reflection and sharing, spiritual director, writer, musician and storyteller Steve Givens will help lead retreatants to a closer walk with Jesus during his final days and passion. Also included are special presentations by Fr. Michael Witt on Saturday morning, Mass each day, a reconciliation service, and opportunities for confession. More information available at: <https://mretreat.org/retreats/>